



GLUTEN FREE MENU

SALAD PLATTERS

House Dressing -Oil & Herbs

Ploughman's Cheddar Cheese, Ham, Salads and coleslaw served with gluten free chutney and pickles & GF bread	£13.95
Fisherman's Flaked tuna and prawns with marie rose served with mixed salads & coleslaw & GF Bread Add smoked Salmon £2.50	£13.50
Lifestyle Platter a healthy mix of salads, fruit, olives and cottage cheese OR Hummus with GF Bread V/VE	£12.25
Chicken & Bacon Salad Pan fried chicken & bacon served with a mixed salad & GF dressing.	£13.95
Greek Salad – A mixed salad tossed with house dressing, feta cheese & black olives. V	£12.25
Halloumi & Pineapple Salad – Pan fried Halloumi & Sweet Pineapple tossed in a mixed salad with honey & mustard dressing. V	£13.25

ALL DAY BRUNCH MENU

Ham & Cheese Bite – Toasted GF Bread open with ham, cheese & tomato	£6.50
Vegan Bite – Toasted GF Bread open with hummus, mushroom & tomato VE	£6.50
Vegetarian Bite - Toasted GF Bread open with tomato, mushrooms & melted cheese V	£6.50
Breakfast Bite – Toasted GF Bread with 2 Bacon and a Fried egg	£6.95
Toast 2 slices of Gluten Free Bread served with butter & jam.	£3.50
Omelette add extras of choice for 80p per item tomato, cheddar, feta, onion, peppers, ham, mushrooms & spinach V	£7.50
WHOLE HOG BREAKFAST 2 Bacon, 2 GF Veg sausage, 2 Eggs, Beans, mini hash browns, grilled tomato & a flat cap mushroom served with gluten free toast (2)	£15.95
Vegetarian Breakfast 2 Eggs, 3 GF Veg Sausages, Halloumi, grilled tomato, flat cap mushroom, mini hash browns & beans, served with gluten free toast. V	£13.25
Avocado Brunch Toasted GF Bread topped with guacamole, 2 poached eggs & grilled tomato V	£11.20
Eggs Benedict –Poached eggs, ham & hollandaise sauce on toasted GF Bread.	£11.20
Eggs Royale – Poached eggs, smoked salmon, spinach and hollandaise sauce on toasted GF bread.	£11.50
Scrambled, Poached or Fried Eggs on gluten free toast V	£6.75
Scrambled Eggs with Smoked Salmon on Gluten Free Toast	£9.25
Bacon Sandwich Bacon on Gluten Free Bread (add a fried Egg £1.50)	£7.10
Sausage Sandwich GF Veg Sausages on GF Bread. V/VE	£7.10
EXTRAS - Bacon £1.50 per slice, Fried Egg £1.50, Grilled Halloumi £1.50, Smoked Salmon £2.50, Mushrooms, or Tomato for 80p each, Chunky Chips £4.75, Mini Hash Browns £2.50 with Salt & Pepper seasoning £3, Halloumi Fries with sweet chilli sauce £5.95	

GLUTEN FREE DESERTS AVAILABLE ON OUR MAIN MENU.

Please note all gluten free food is produced alongside foods containing gluten. Whilst every effort is made to avoid cross contamination there is a minimal risk that the foods served may not be 100%

gluten free, including mayonnaise.

Please request no mayonnaise if you're unsure.